

4th

Intermediate & Monitoring Report

Art Well | September 2026

General objectives

GO1: Develop quality partnership in between participating organisations

- IPA has been developed and signed by all parties
- 1st Intermediate & Monitoring Report is being produced
- Deadlines are either being met or announced they will be postponed in advance (during partners meetings).
- Overall satisfaction score from partners meeting is 4.86 out of 5.

GO2: Develop descriptive analysis of specific issues and needs of marginalised youngsters from partnering countries

- Good practices has been exchanged during a Kick-off, every partner has been able to identify some in the final kick-off evaluation
- Interview for focused groups have been co-developed, and translated (whenever necessary)
- 12 focus groups have been held
- 4 national reports have been produced
- 1 international analysis was produced, see here: <http://czechinspire.eu/artwell>

GO3: Exchange good practice knowledge in engaging marginalised youth in different art related practices, learning key implementation challenges and tips for conducting, introducing new art forms into our services

- Good practices has been exchanged during a Kick-off, every partner has been able to identify some in the final kick-off evaluation
- Good practices had been exchanged during the A9. Mobility where every national team implemented the most successful national activities for the others, while explaining the best practices from their country.

GO4: Provide marginalised youth an opportunity for self-expression, teach them on self-care practices based on art approach, and offer them alternatives to social media induced isolation through engagement in art based activities

- Achieved through A6
- In total, we reached **136 participants**, out of which **109 was with fewer opportunities**
 - Czech reached 15 participants + 7 participants, out of which 18 had been with fewer opportunities
 - UA reached 40 participants (the 1st workshop was attended by 19 participants (Group 1). A different group of 21 participants (Group 2) attended the 2nd, 3rd, and 4th workshops. A small number of participants took part in both groups. All with fewer opportunities.)
 - HU reached 43 participants. (the 1st workshop was attended by 18 participants, the 2nd by 16, the 3rd by 9, and the 4th by 9 (same group for 3rd and 4th workshops). Some participants took part in all four workshops. 18 participants were with fewer opportunities.)
 - AU reached 20 participants (1st workshop: 9; 2nd workshop: 11 (partially different participants; 3rd workshop: 11) all of them with fewer opportunities - mostly learning difficulties, with migration background

The goal was to reach 80+ participants with at least 48 with fewer opportunities.

- The art works are available on <https://czechinspire.eu/artwell>. The dissemination didn't happened yet (goal 800+ views)
- We collected 94 evaluation forms (21 Ukraine, 20 Hungary, 22 Czech Republic, 31 Austria)
- We identified 16 the most successful art activities
- At least 80 % of participants recognizes a positive effects of the workshops on their wellbeing
 - CZ - all participants reported a positive impact on their well-being
 - UA - all participants reported a positive impact on their well-being
 - AU - all participants reported a positive impact on their well-being
 - HU - all participants reported a positive impact on their well-being
- At least 80 % of participants are able to name a specific strategies they an use for their well-being
 - CZ - all participants have been able to name a specific strategy
 - UA - 85 % of participants have been able to name a specific strategy
 - AU - 80 % of participants were able and willing to name specific strategies they can use for their well-being
 - HU - 95 % of participants have been able to name a specific strategy

GO5: Support de-stigmatisation of mental health among youth and public in general

- 4 national booklets compiled into 1 international booklet exists:

AUSTRIA:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-Art-Workshops-Austria.pdf>

CZECHIA:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-Art-Workshops-Czechia.pdf>

HUNGARY:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-booklet-Hungary-1.pdf>

UKRAINE:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-booklet-Ukraine-1.pdf>

- Combined booklet in development, working version available here:
https://www.czechinspire.eu/wp-content/uploads/2026/05/IKcomments_ArtWell_Booklet.pdf
- 4 national campaigns finalised:
https://docs.google.com/document/d/1tOlBexLSife-WAfR8h2WgQOORGf3hZ8poaAGl1ZsEZY/edit?usp=drive_web&oid=114740402418304232393

GO6: Teach educators on best practices in teaching marginalised youth on self-care

- The Art Well training course has happened in between 14-21st of June, 2026, in Hungary, with
 - a) 24 youth workers, where all were able to name their learnings, with average satisfaction score of 6.4 out of 7,
 - b) so far 45 youth impacted, while the follow-up workshops are still in process
 - c) TC concept is still in process of creation

GO7: Spread the successes of the project among relevant stakeholders

- 69 social posts (out of 96) so far
- Over 63 000 reach

- Videos in a process
- Landing page is finalised with a possibility for further adjustments
<https://czechinspire.eu/artwell>

Specific objectives

WP2

SO2.1. Research a realities of TG1 through focus groups

Quat	INspire	itworks	F4F	Emina
3 focus groups	☒	☒	☒	☒
6-10 marginalised youth per group	☒	☒	☒	☒
At least 1 hour each	☒	☒	☒	☒

Qual	INspire	itworks	F4F	Emina
Results from both focus groups confirming each other	☒	☒	☒	☒

SO2.2. Create a national analysis

Quat	INspire	itworks	F4F	Emina
filling a standardised national report	☒	☒	☒	☒

Qual	INspire	itworks	F4F	Emina
analysis done by two independents researchers	☒	☒	☒	☒

SO2.3. Compare the international results

Quat		itworks		
filling a report		☒		

Qual		itworks		
analysis done by two independents researchers		☒		

SO2.4. Produce a report based on our findings

Quat	INspire			
publishing a report of at least 20 standard pages	☒			

Qual	INspire			
visual part is prepared by a graphic professional so the report can be printed in a form of a book	☒			

WP3

SO4.1.

Create a safe space for youngsters to self-express through art and learn self-help tool

Quat	INspire	itworks	F4F	Emina
4 local workshops, each 4+ hours	☒	☒	☒	☒
20+ youngsters	☒	☒	☒	☒
12+ fewer opportunities	☒	☒	☒	☒
80+ art works produced (20 per partner)	☒	☒	☒	☒

Qual	INspire	itworks	F4F	Emina
overall satisfaction of participants with the workshops, analysed through closing reflection at the end of the meeting	☒	☒	☒	☒
participants reporting (in verbal or written form) the positive effect the workshops and its activities are having on them	☒	☒	☒	☒
participants reporting a continuation with the art practices on their own	☒	☒	☒	☒

SO4.2. Document artworks from participants, digitize them, and promote them to raise awareness on mental health issues

Quat	INspire	itworks	F4F	Emina
20+ artworks digitised	☒	☒	☒	☒
80 artworks published,	☒			
with 800 views	☐			

SO4.3. Evaluate the impact on the participants

Quat	INspire	itworks	F4F	Emina
20+ evaluation forms filled	☒	☒	☒	☒

SO4.4. Identify best national practices

Quat	INspire	itworks	F4F	Emina
4+ most impactful activities identified	☒	☒	☒	☒
4 national booklets	☒	☒	☒	☒
Final booklet	☒			

WP4

SO6.1. Teach 24 youth workers diverse art activities for well-being

Quat	INspire	itworks	F4F	Emina
24 evaluation forms				☒
5 out of 7 level of satisfaction with the mobility				☒
5 out of 7 in the competence to run the art activities for wellbeing with their TGs				☒

Qual	INspire	itworks	F4F	Emina
participants expressing satisfaction with the way mobility was organised and what they learned at the end of activity				☒
participants naming their learnings (specific art activities) in the evaluation form				☒

SO6.2. Exchange the best practices among participating countries

Quat	INspire	itworks	F4F	Emina
Participants rating the experienced activities based on their satisfaction with them				☒

Qual	INspire	itworks	F4F	Emina
Participants reflecting upon the impact experienced activities had on them, and able to recognize their sage and application in their contexts				☒

SO6.3. Disseminate their teaching among 120+ youth

Quat	INspire	itworks	F4F	Emina
120+ youngsters in local well-being workshops (30+ each partner)	☐	☐	☐	☒

Qual	INspire	itworks	F4F	Emina
Participants (youth) expressing overall satisfaction with the workshops they experienced, able to identify the impact the experience had on them	☒	☐	☐	☒

SO6.4. Develop a handbook on a training concept and disseminate it

Quat	INspire	itworks	F4F	Emina
100+ downloads of the handbook				☐

Qual	INspire	itworks	F4F	Emina
Readers expressing a satisfaction through the feedback form implemented in the end of the handbook				☐

WP5

SO7.1. Photo-document the whole project

Quat	INspire	itworks	F4F	Emina
social posts reaching audience 10.000+	☒			
social posts with taken pictures reaching at least 10 interactions	☒			

SO7.2. Develop and disseminate a video on art release and community sharing

Quat	INspire	itworks	F4F	Emina
1000+ views	☐			
20+ comments	☐			

Qual	INspire	itworks	F4F	Emina
video developed by a professional video-maker	☐			

SO7.3. Develop a landing page on centralising all results

Quat	INspire	itworks	F4F	Emina
300+ visits before the end of the project	☐			

Qual	INspire	itworks	F4F	Emina
positive feedback from an audience on its usability (collected through feedback form at the bottom of the landing page)	☐			

SO7.4. Implement 4 multipliers events to spread the learnings

Qual	INspire	itworks	F4F	Emina
25+ different stakeholders (100+ in total)	☐	☐	☐	☐
participants reporting through an evaluation form on a specific tools they gained during the multiplier event they are going to use in their work with youth	☐	☐	☐	☐

Qual	INspire	itworks	F4F	Emina
multiplier events reaching overall positive feedback through the evaluation form send to all participants	☐	☐	☐	☐

Timing

- We skipped the August meeting as it wasn't needed
- The development of TC Handbook is still going according to the plan with seemingly small delays that should not influence us.
- Post-TC dissemination is still in progress.
 - **Czechia** is implementing weekly workshops, each focused on different forms of art, using the most successful methods from the TC. So far we reached 14 participants.
 - **Hungary** has already happened and reached 30 participants.
 - Ukraine is planned for mid-September, assuming to organise 2+ workshops as they cannot fit 30 people together at once.
 - Austria is planning to organise the workshop in September in cooperation with another organisation
- Things are going mostly according to the plan.