

# 3rd

# Intermediate & Monitoring Report

Art Well | May 2026

## General objectives

### **GO1: Develop quality partnership in between participating organisations**

- IPA has been developed and signed by all parties
- 1st Intermediate & Monitoring Report is being produced
- Deadlines are either being met or announced they will be postponed in advance (during partners meetings).
- Overall satisfaction score from partners meeting is 4.86 out of 5.

### **GO2: Develop descriptive analysis of specific issues and needs of marginalised youngsters from partnering countries**

- Good practices has been exchanged during a Kick-off, every partner has been able to identify some in the final kick-off evaluation
- Interview for focused groups have been co-developed, and translated (whenever necessary)
- 12 focus groups have been held
- 4 national reports have been produced
- 1 international analysis was produced

### **GO3: Exchange good practice knowledge in engaging marginalised youth in different art related practices, learning key implementation challenges and tips for conducting, introducing new art forms into our services**

- Good practices has been exchanged during a Kick-off, every partner has been able to identify some in the final kick-off evaluation
- The rest will be fulfilled during the A9.

**GO4: Provide marginalised youth an opportunity for self-expression, teach them on self-care practices based on art approach, and offer them alternatives to social media induced isolation through engagement in art based activities**

- Achieved through A6
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- In total, we reached **136 participants**, out of which **109 was with fewer opportunities**
  - Czech reached 15 participants + 7 participants
  - UA reached 40 participants (the 1st workshop was attended by 19 participants (Group 1). A different group of 21 participants (Group 2) attended the 2nd, 3rd, and 4th workshops. A small number of participants took part in both groups. All with fewer opportunities.)
  - HU reached 43 participants. (the 1st workshop was attended by 18 participants, the 2nd by 16, the 3rd by 9, and the 4th by 9 (same group for 3rd and 4th workshops). Some participants took part in all four workshops. 18 participants were with fewer opportunities.)
  - AU reached 20 participants (1st workshop: 9; 2nd workshop: 11 (partially different participants; 3rd workshop: 11) all of them with fewer opportunities - mostly learning difficulties, with migration background

The goal was to reach 80+ participants with at least 48 with fewer opportunities.

- The art works are available on <https://czechinspire.eu/artwell> (but the landing page still might change and wasn't promoted yet). The dissemination didn't happened yet (goal 800+ views)
- We collected 94 evaluation forms (21 Ukraine, 20 Hungary, 22 Czech Republic, 31 Austria)
- We identified 16 the most successful art activities
- At least 80 % of participants recognizes a positive effects of the workshops on their wellbeing
  - CZ - all participants reported a positive impact on their well-being
  - UA - all participants reported a positive impact on their well-being
  - AU - all participants reported a positive impact on their well-being
  - HU - all participants reported a positive impact on their well-being
- At least 80 % of participants are able to name a specific strategies they an use for their well-being
  - CZ - all participants have been able to name a specific strategy
  - UA - 85 % of participants have been able to name a specific strategy
  - AU - 80 % of participants were able and willing to name specific strategies they can use for their well-being
  - HU - 95 % of participants have been able to name a specific strategy

#### **GO5: Support de-stigmatisation of mental health among youth and public in general**

- 4 national booklets compiled into 1 international booklet exists:

AUSTRIA:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-Art-Workshops-Austria.pdf>

CZECHIA:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-Art-Workshops-Czechia.pdf>

HUNGARY:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-booklet-Hungary-1.pdf>

UKRAINE:

<https://www.czechinspire.eu/wp-content/uploads/2026/04/ArtWell-booklet-Ukraine-1.pdf>

- Combined booklet in development, working version available here:  
[https://www.czechinspire.eu/wp-content/uploads/2026/05/IKcomments\\_ArtWell\\_Booklet.pdf](https://www.czechinspire.eu/wp-content/uploads/2026/05/IKcomments_ArtWell_Booklet.pdf)
- 3 national campaigns finalised, one still in progress, reports available here:  
[https://docs.google.com/document/d/1tOIBexLSife-WAfR8h2WgQOORGf3hZ8poaAGl1ZsEZY/edit?usp=drive\\_web&oid=114740402418304232393](https://docs.google.com/document/d/1tOIBexLSife-WAfR8h2WgQOORGf3hZ8poaAGl1ZsEZY/edit?usp=drive_web&oid=114740402418304232393)

#### **GO6: Teach educators on best practices in teaching marginalised youth on self-care**

- Art Well training course is planned to happen in between 14-21st of June, 2026, in Hungary, and it is going to accommodate 24 youth workers

#### **GO7: Spread the successes of the project among relevant stakeholders**

- 60 social posts (out of 96) so far
- Almost 61 000 reach
- Videos in a process
- Draft of landing page exist, consortium needs to discuss its re-design:  
<https://czechinspire.eu/artwell>

## Specific objectives

### WP2

#### SO2.1. Research a realities of TG1 through focus groups

Quat	INspire	itworks	F4F	Emina
3 focus groups	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
6-10 marginalised youth per group	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
At least 1 hour each	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
Results from both focus groups confirming each other	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

#### SO2.2. Create a national analysis

Quat	INspire	itworks	F4F	Emina
filling a standardised national report	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
analysis done by two independents researchers	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

**SO2.3. Compare the international results**

<b>Quat</b>		itworks		
filling a report		<input checked="" type="checkbox"/>		

<b>Qual</b>		itworks		
analysis done by two independents researchers		<input checked="" type="checkbox"/>		

**SO2.4. Produce a report based on our findings**

<b>Quat</b>	INspire			
publishing a report of at least 20 standard pages	<input checked="" type="checkbox"/>			

<b>Qual</b>	INspire			
visual part is prepared by a graphic professional so the report can be printed in a form of a book	<input checked="" type="checkbox"/>			

## WP3

### SO4.1.

Create a safe space for youngsters to self-express through art and learn self-help tool

Quat	INspire	itworks	F4F	Emina
4 local workshops, each 4+ hours	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
20+ youngsters	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
12+ fewer opportunities	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
80+ art works produced (20 per partner)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
overall satisfaction of participants with the workshops, analysed through closing reflection at the end of the meeting	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
participants reporting (in verbal or written form) the positive effect the workshops and its activities are having on them	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
participants reporting a continuation with the art practices on their own	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

**SO4.2. Document artworks from participants, digitize them, and promote them to raise awareness on mental health issues**

Quat	INspire	itworks	F4F	Emina
20+ artworks digitised	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
80 artworks published,	<input checked="" type="checkbox"/>			
with 800 views	<input type="checkbox"/>			

**SO4.3. Evaluate the impact on the participants**

Quat	INspire	itworks	F4F	Emina
20+ evaluation forms filled	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

**SO4.4. Identify best national practices**

Quat	INspire	itworks	F4F	Emina
4+ most impactful activities identified	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4 national booklets	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Final booklet	<input type="checkbox"/>			

## WP4

### SO6.1. Teach 24 youth workers diverse art activities for well-being

Quat	INspire	itworks	F4F	Emina
24 evaluation forms				<input type="checkbox"/>
5 out of 7 level of satisfaction with the mobility				<input type="checkbox"/>
5 out of 7 in the competence to run the art activities for wellbeing with their TGs				<input type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
participants expressing satisfaction with the way mobility was organised and what they learned at the end of activity				<input type="checkbox"/>
participants naming their learnings (specific art activities) in the evaluation form				<input type="checkbox"/>

### SO6.2. Exchange the best practices among participating countries

Quat	INspire	itworks	F4F	Emina
Participants rating the experienced activities based on their satisfaction with them				<input type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
Participants reflecting upon the impact experienced activities had on them, and able to recognize their sage and application in their contexts				<input type="checkbox"/>

### SO6.3. Disseminate their teaching among 120+ youth

Quat	INspire	itworks	F4F	Emina
120+ youngsters in local well-being workshops (30+ each partner)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
Participants (youth) expressing overall satisfaction with the workshops they experienced, able to identify the impact the experience had on them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### SO6.4. Develop a handbook on a training concept and disseminate it

Quat	INspire	itworks	F4F	Emina
100+ downloads of the handbook				<input type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
Readers expressing a satisfaction through the feedback form implemented in the end of the handbook				<input type="checkbox"/>

## WP5

### SO7.1. Photo-document the whole project

Quat	INspire	itworks	F4F	Emina
social posts reaching audience 10.000+	<input checked="" type="checkbox"/>			
social posts with taken pictures reaching at least 10 interactions	<input type="checkbox"/>			

### SO7.2. Develop and disseminate a video on art release and community sharing

Quat	INspire	itworks	F4F	Emina
1000+ views	<input type="checkbox"/>			
20+ comments	<input type="checkbox"/>			

Qual	INspire	itworks	F4F	Emina
video developed by a professional video-maker	<input type="checkbox"/>			

### SO7.3. Develop a landing page on centralising all results

Quat	INspire	itworks	F4F	Emina
300+ visits before the end of the project	<input type="checkbox"/>			

Qual	INspire	itworks	F4F	Emina
positive feedback from an audience on its usability (collected through feedback form at the bottom of the landing page)	<input type="checkbox"/>			

**SO7.4. Implement 4 multipliers events to spread the learnings**

Qual	INspire	itworks	F4F	Emina
25+ different stakeholders (100+ in total)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
participants reporting through an evaluation form on a specific tools they gained during the multiplier event they are going to use in their work with youth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Qual	INspire	itworks	F4F	Emina
multiplier events reaching overall positive feedback through the evaluation form send to all participants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Timing

- GANTT was already postponed one month further since the beginning of the project (April, even though the beginning on paper was in March).
- Monthly implementation meetings (WP1.1.) are scheduled on every first Monday of the month, so far happening with full attendance.
- First steering meeting (WP1.2) was postponed to the September
- Monitoring and evaluation (WP1.3) is happening in August as planned originally.
- Kick-off meeting (WP2.1.) happened in May (8-9/5/2025) - in line in adapted GANTT
- Interviews (WP2.2.) have been developed in May - in line in adapted GANTT
- The majority of focus groups (WP2.3) - (Ukrainian, Czech, Hungarian) - happened in June. Austrians delivered their focus groups at the end of July - thus in line with adapted GANTT.
- National reports (WP2.4) have been produced in July or August - ahead or in-line with adapted GANTT.
- International report (WP2.5.) have been produced in September, and graphically adapted in October, but its publication was delayed until December because of transfer of itworks under a different organisation and unclarity if we should use the old logo and names, or if there will be changes
- National workshops (WP3.1.) were planned from September to November. In Czechia, Hungary and Ukraine, they happened as planned. Austria asked for prolonging the period, and they were taking place until February 2026.
- Ukraine developed a graphic format for Booklet. The consortium produced 4 national booklets in English, and is developing one international book compiling them all together. We are delayed in contrast to the original plan but still no real problem in delivery exists.
- National campaigns (WP3.3.) were running from January to April in Hungary and Ukraine, from April to May in Austria, in Czech, the campaign started in February and is still going on.

- Infoletter for Training course (WP4) was developed in January, participants had been searched for from April, and during May. TC will be implemented in June.